



FEDERATION INTERNATIONALE

des Jardins Familiaux

association sans but lucratif

1926-2021
95 ans

Regroupement des fédérations européennes des jardins familiaux
Membre d'Europa Nostra
Statut participatif auprès du Conseil de l'Europe
Statut d'observateur auprès de l'UNEA



**Week without pesticides from 20th until 30th
March 2023:**

An occasion to recall that natural gardening should be
practiced all year round



Week without pesticides 2023

The Fédération Internationale des Jardins Familiaux and the affiliated federations stimulate their members already for a long time to garden in an ecological way. Here an example and a practical help for all to put natural gardening and the ban of chemical pesticides even better into practice.

In the Netherlands we "AVVN together natural gardening" propagate that all allotment gardeners learn how to garden in a nature-friendly way without pesticides.

This can also be read on our publicly accessible website:

<https://www.avvn.nl/natuurlijk-tuinieren/biodiversiteit>.

We would like to share that with you in an abbreviated version.

Here we go!

Poison-free and fertilizer-free gardening

Natural gardening and chemical pesticides do not go together. They disrupt the natural system. The focus is on preventing diseases and pests through cultivation measures and plant choice. If pesticides have to be used at all, they can be used organically. If fertilization is required, then with organic manure or compost.

10 tips for a more biodiverse garden

Want to roll up your sleeves for more biodiversity, in your garden and in your neighbourhood? Super! Read below the ten tips we've listed for you that you can start with.

#1 House beneficial animals.

#2 Tiles out!

#3 Keep your garden "messy"

#4 Make a compost heap

#5 Choose native plants

#6 Go for trees and shrubs

#7 Make a green roof or facade garden:

#8 Dig a pond or toad pool

#9 Adopt a tree level in your neighbourhood

#10 Last but not least. You may not immediately think of it but even garden plants, flowers and seeds you buy in regular garden centers or shopping malls

are sprayed with pesticides. These pesticides are used to keep pests away from the plant so that it looks healthy and beautiful to the consumer. But these plants are thus not good for animal life. As crazy as it sounds, even plants labeled "Bee friendly" are not necessarily good for the bee. Even those plants are often treated with insecticides. Want to make sure you keep your garden's insects, animals and soil life healthy? Then use organic seeds, plants, compost and potting soil. You can buy these from specialized organic growers. Or look for the green logo of the European organic label.

So roll up or continue to roll up your sleeves for more biodiversity, in your garden and in your neighbourhood!